

Girls soccer stays positive as season starts

By Jeffrey Goodson

Smith-Cotton Student Media

As the weather starts to change from the brisk cold air of winter to the sunlight of spring, Smith-Cotton girls soccer looks to open up its season with high hopes and a new sense of determination.

Head Coach Meredith Brick believes this year’s squad is different than others in the past.

“We have started our season strong by having positive attitudes, incredible work ethic, and keeping high intensity and pace at training. We have a collective goal to stay positive and make soccer a priority this spring,” Brick said.



S-C Girls Soccer Head Coach Meredith Brick

She also believes the start to the season has been a smooth one so far, and assumes having more coaching experience under her belt is a reason why, “Our training sessions have been going very smoothly. As a developing coach, I feel

that I have a better grasp and idea how to present tactical ideas to our team and also how to implement those ideas through our training drills,” she stated.

Senior midfielder Marta Treuner also believes the season is off to a good start.

“Because of the weather, we have been limited (in the) things we can do but we have still been getting to work and we’ve had really good effort so far,” Treuner said.

A new form of practice has been implemented by Brick and her staff this season. Every Wednesday, the team takes part in a “Yoga Day.” Brick believes that yoga is helpful both physically and mentally.

“The practice of yoga is connecting the movement of our body to the rhythm of our breath. By practicing this consistently, we can get better at staying calm during stressful game situations because we have a heightened awareness of our breath and can use our breath as a tool,” Brick said. “Our yoga practices also help us find the



Marta Treuner looks to advance the ball upfield during the Smith-Cotton Lady Tigers’ Breas Cancer Awareness game last season at Susie Ditzfeld Memorial Soccer Complex.

limits of our body by improving our mobility, flexibility and to improve muscle recovery.”

Brick also thinks that starting the yoga day can help improve success on the field. “There are many benefits of incorporating yoga into our routine and I am excited to see how adding this will help improve our well-being and success as a team,” she said. Her players also are excited for the new weekly yoga day.

“This year our coaches have implemented yoga every Wednesday which us girls are actually really excited about,” Treuner

said.

Concerning goals, the coaching staff and players have set many short- and long-term goals for their season.

“We set some season goals as a team; some goals we plan to achieve through hard work (are) to beat Warrensburg (and) Jefferson City, to win our breast cancer game versus Battle, and ultimately make it to the second round of the district tournament,” Brick said.

The Lady Tigers open up their season at home on Friday, March 15 against Chillicothe.



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Seminar shift part of schedule changes

By Natalie Adermann

Smith-Cotton Student Media

Next year’s hourly schedule is getting a makeover, with seminar only being two days a week.

Seminar will be two days a week on Tuesday and Thursday, and will be extended to 45 minutes. On the days that seminar is not in session, classes will be longer by only two to three minutes.

Assistant Principal Stacy Curry said the reason for this change is so students can make better use of their time. With only 20 minutes of seminar time currently, students are not given a reasonable amount of time

to make up tests and quizzes. It also benefits the students who are out for sporting events and other school activities. Travel between classes will also be more strict.

ACT workouts during seminar have not been discussed recently by the ACT committee. According to testing coordinator Ashley Raetz, the ACT committee will meet following the ACT on April 2 to discuss plans for workouts in the new seminar system.

Sophomore Tyler Soendker thinks that seminar isn’t necessary and would rather replace seminar with another class. While seminar can help students get caught up, Soendker believes that it is more important

for students to get the best experience and make the most out of high school.

“I think adding an extra class would contribute to that,” Soendker said.

Assistant Principal Joe Doyle is in favor of the new schedule because he sees it as more constructive and will benefit the students. The principals have been talking with teachers about their intentions for seminar so that it can be a helpful tool for students, not just a waste of time.

“It will be much more purposeful and meaningful,” said Doyle.

With seminar being redone, the principals and staff hope that students will make better use of their time.

Visit to East Coast schools helps juniors see what is possible

By Faith Johnson

Smith-Cotton Student Media

Eight Smith-Cotton juniors recently took the school’s annual “Prairie to the Ivy” trip to visit out-of-state universities. They visited two schools this year: Princeton University in New Jersey and Columbia University in New York.

S-C counselor Katie Ellis was a chaperone on the trip and said, “The ultimate goal is to connect students to colleges/universities outside of the Midwest area. Most stu-

dents are under the impression that it is too expensive to attend Ivy League schools.”

The trip is designed to help students look at all of their post-high school options to help further their education.

“When considering all of their college options, students better understand what is available outside Missouri,” said Ellis.

“They get to sense what it is like living in a large city, etc.”

For junior Emily Beltran, the trip did just that. Be-

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Students attending the Prairie to the Ivy trip to the New York area were, front row from left, Hunter Sparks, Brittany Bobbitt, Emily Beltran, Harley Burton, Jacob Acklin; back row, from left: Jude Rollins (Sacred Heart), Will Hooton, Alex Collins, Joseph Henke (Sacred Heart) and Tyler Williams

Team SCREAM makes impact at Oklahoma Regional

By Natalie Adermann

Smith-Cotton Student Media

Smith-Cotton certainly has something exciting to scream about as Team SCREAM opened its season with a good showing in the FIRST Robotics Oklahoma Regional.

According to Head Coach Michael Wright, Team SCREAM had one of the highest scoring robots at the competition. For the elimination competition, Team SCREAM was selected to play on the second ranked alliance, but came up short in the semifinals. Although the team did not take the top spot, Wright is still proud of their performance.

"They represented themselves and our school very well," Wright said.

The Oklahoma competition had its ups and downs. However, there were good moments in all areas. The robot and drive section performed well, and the scouting and strategy teams recorded data for them to use. The pit crew made sure that the robot was running smoothly and was always ready for competition, and the media team captured it all in photos and videos.

Senior team captain Maria Aonzo added that just being at the competition is a thrill in itself.

"It feels like you're at the World Cup," Aonzo said.

When building the robot, Team SCREAM has to be aware of the

game and the rules. Building within the rules is a key factor in making the robot. If the robot is not able to play the game, they are not allowed to compete. The team creates the robot to conform to its chosen game strategy. The game requires the robot to drive, pick up and place discs, pick up and score cargo balls, and climb at the end of the game.

Team SCREAM still has additions to make to improve their robot, like a climbing mechanism. Aonzo believes that once that is added, the Team SCREAM robot will be at the top of its game. As a leader of the team, Aonzo is aware of all the younger members looking at her as a role model and wants to push them to be the best they can be.

"I believe that it's my job to set an example," Aonzo said.

Team bonding is also extremely important to building a successful team. According to Aonzo, they are not only making robots, but also memories and life skills. "Every project they do inspires someone else to do the same," she said.

Team SCREAM has two more regionals left before hopefully advancing to the FIRST World Championships in Houston, Texas. This weekend, they are competing at the Heartland Regional in Olathe, Kansas, and will compete at the Central Missouri Regional hosted at S-C on April 5-7.



JROTC drill team fares well at Leavenworth

The S-C JROTC Drill Team competed March 9 in a regional Drill Meet in Leavenworth, Kansas. Results: **Individual Drill Down:** Cadet Haley Stuver, first place; **Armed exhibition:** Second place; **Overall Armed:** Second place

TRIP

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fore the trip, she wasn't planning on applying to any Ivy League school and now she plans to apply to both that she visited. Beltran said, "This trip also made me realize that you don't always know where you might want to go. Some colleges you never even thought about could end up being places you want to go."

Not only did Beltran gain information on how the schools might suit her, she also was able to have once-in-a-lifetime experiences of

doing things such as visiting the Statue of Liberty and the 9/11 memorial.

"I gained a lot of information about what it is really like at an Ivy League university and I learned more about the curriculum at both schools and application processes," she said.

Beltran was thankful for the experience.

"(T)he opportunity was so amazing and I'm not sure I would have even gotten to go visit these schools otherwise. (S-C Principal Wade) Norton and Mrs. Ellis gave really great information about the trip that put it in such a positive light that anyone would want to go."

Cho, boys tennis ready to move forward

By Victoria Wheat

Smith-Cotton Student Media

Smith-Cotton sophomore Michael Cho lets his talents and skills shine through the sport of tennis.

Cho joined the sport because his brothers have played tennis since he was young. It was an easy decision for Cho to make because he wanted to be able to join them. During his freshman year he was able to play alongside his brother, David.

"My brother was significantly better than all of us and made the whole team better, but he was also very friendly and childish and made the team bond very well. I strive to be like him or even better than him," Cho said.

This season, he is looking forward to playing with his teammates and working with S-C Boys Tennis Coach Rush Walters. Cho is thankful to have a coach who enjoys having fun and can inspire and encourage the team and others to do better. His goal is to make varsity and win every game he can.

"I think I have learned a lot more about

how to be a better player and a better player all-around," said Cho.

Throughout his time playing, many have taught him play better with skills such as forehands, backhands and positioning.

Walters has coached both Cho and his brother David within his four years of leading the S-C team.

"Of course he reminds me of David because they are both quiet and laid back, but when I need him to step up he brings what he needs to to the table," said Walters. He knows Cho can be the best that he can be and is strong where he was

placed. When Cho originally made the team last season, he was newer to the atmosphere and was at a lower rank, but throughout the season he gradually climbed his way up to lower varsity.

Cho's doubles partner this year is Ethan Beard. Walters is excited to see what this pairing will bring.

"They both know each other well and they have a lot of chemistry that will help them during matches," Walters said.

Overall, Walters is really looking forward to the season. He loves the matches and tournaments that they compete in and his favorite thing is being able to encourage his athletes to do better in between matches.

He is confident in all of his players and knows that they will do well at the positions they were placed.

One of Walters' biggest goals for this season is to get more playing time for his junior varsity team. He managed to get three tournaments dedicated to the JV team. He believes that compared to other years, this year the team has more depth of

skill. The program continues to grow each year as well. There are 19 boys on the teams overall this year. Walters views each team member as not only a well-rounded player but person in general.

It is players like Cho who inspire Walters to continue his coaching career.

"I want to strive to be the best coach I can be so I can teach these kids to strive to be the best players and people they can be," said Walters.



Cho

Archery team on the rise

By Kali Butts

Smith-Cotton Student Media

Archery season is here and the S-C team is shooting for success.

Senior Kaylee Bohle has competed in archery since S-C's team started three years ago. Nate McFail and Kyler Simoncic have been on the team that long, too. Bohle and McFail both attended the first competition on February 9 at Cole Camp, and didn't get the outcome they wanted, but are working hard to get better. Bohle scored 237/300 and McFail scored 235/300. Bohle said when she is working in practice, she is going to try to just breathe and relax because it's "nerve wracking going up there." McFail says he will work to hold his poise, and hold

the bow longer.

All three of the students agree that their practices are competitive. They always try to do better than the others, which helps make them better.

S-C physical education teacher Charlie McFail has coached the team since 2016. The National Archery in Schools Program, which puts on meets at the state, national, and international levels. Coach McFail thinks archery is important and a chance to get students involved.

"It's good to have as many options as possible," he said.

The Missouri Department of Conservation gave the school a 50/50 grant, so the department paid half the cost for the equipment and S-C paid the other half; this means the equipment S-C's team uses meets the standards put out by NASP.



TIGER TIMES

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TIGER TIMES STAFF

Natalie Adermann
Kali Butts

Jeffrey Goodson
Victoria Wheat

Faith Johnson
Alexa Rowe

Send comments, story ideas to alexanderc@sedalia200.org

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DECA project helps clients at CHS secure employment

By Faith Johnson

Smith-Cotton Student Media

DECA is not only providing an opportunity for students to be involved at Smith-Cotton but in the Sedalia community as well.

Senior Hayden Ellis and his partner junior Tyler Williams created an Integrated Marketing Campaign-Service called “Priceless Paychecks.” The project was composed of a 10-page paper, 100-question test, and a 15-minute interview.

They partnered with the Center for Human Services, specifically with CHS’s employment services department, which helps people with disabilities gain employment. Ellis and Williams were contacted by Kim Anderson, director for employment for CHS, and she worked with the S-C students to quickly organize a marketing campaign to gain the attention of other employers.

“Tyler and I worked diligently to organize

and plan our campaign ... focusing on the value of the work that the individuals do and the meaning behind the paychecks that they receive,” Ellis said.

Angie Howard, DECA advisor, said that the group went on site visits and met people who they helped find jobs. After meeting with people who they helped find jobs, Howard said they were inspired to help find other employers and jobs.

Ellis was proud of the work he put in. “We spent months interviewing CHS clients and were able to create our campaign based around them. They were in the spotlight and we wanted to hear their stories,” he said. “I’m excited for Tyler, myself, and the rest of our DECA chapter members to attend the State Competition. We have all put many, many hours into our various projects and I know we are going to do great.”

Ellis and Williams placed second at the DECA District competition on Feb. 13 and will be competing at the state competition on March 25.

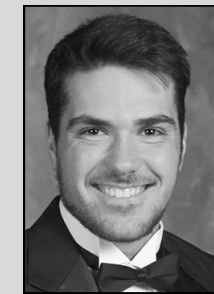


NHS at state conference

Members of Smith-Cotton’s chapter of National Honor Society attended the state conference recently and was honored as one of the state’s most active chapters. S-C also will be the state president school for 2019-20.

POLL QUESTION

Would you rather make up snow days at the end of the school year or on Saturdays during the weeks we have left?



“At the end of the year.”

— Colin Polley, senior



“I want to go on Saturdays.”

— Makaela Burnett, freshman



“At the end of the year.”

— Amy Miller, teacher



“At the end of the year.”

— Caitlynn Venable, sophomore

INSTAGRAM RESULTS

We asked the same question on our @SC_TigerTimes Instagram account — here is how you voted:

End of year: 71%

Saturdays: 29%

Survey helping Tiger Times to adapt

By Jeffrey Goodson

Smith-Cotton Student Media

The Tiger Times staff recently asked for ways to help improve Smith-Cotton’s newspaper, and thanks to the help of the student body and faculty, some changes have already been made.

Tiger Times advisors Caitlin Alexander and Bob Satnan along with the reporting staff came up with survey questions to send out to people in Smith-Cotton’s building to see what the audience would like to see in the paper. Alexander and Satnan, along with staff member Natalie Adermann all thought the poll was very helpful.

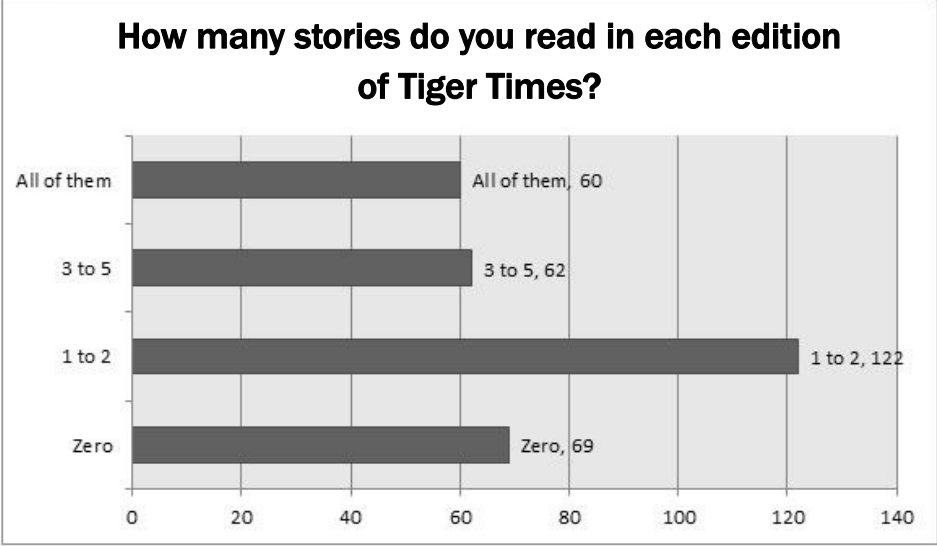
“It was valuable; people who took it seriously gave good insight and gave us an accurate insight of what they would like to see,” said Alexander.

Satnan also values the time that people put into responding to the poll.

“We are thankful that so many people took time to provide feedback. We realize that students want to see themselves and the groups they care about represented on the pages of Tiger Times. Students and staff members should always feel free to share story ideas with the reporters, Ms. Alexander or me,” Satnan said.

Adermann also believes the responses from people in the building were very useful.

“I think the responses people gave us were good. It gave us a lot of constructive



feedback to help improve the paper,” said Adermann.

Social media has been another key point of emphasis for the Tiger Times staff. Alexander rolled out Instagram and Twitter accounts for Tiger Times to help promote stories.

“I definitely interact with more students, and this being a digital world kids enjoy things that are accessible at their fingertips. We can put out digital links and it’s more appealing than a piece of paper to a student,” Alexander stated.

The staff is constantly trying to improve the paper, and is always looking for different things to implement to make the paper better. Alexander believes good things are

coming.

“We’re headed in the right direction, I’d like to start working with other teachers who would like to implement the paper into their lessons, things like this can help improve the paper as we continue to grow,” she stated.

As far as changes the staff would like to see, Adermann would simply like to see growth in the staff.

“If more people come in, we could get out bigger editions and it would be easier for current staff members,” she stated.

Both Alexander and Adermann want more people to engage with the paper’s social media channels: **sc_tigertimes** on both Instagram and Twitter.

Board raises awareness to attendance

By Alexa Rowe

Smith-Cotton Student Media

Smith-Cotton has a way of keeping track of and rewarding students with good attendance with a new attendance board located in the main hallway.

The attendance board was created with a purpose to raise awareness to the students and patrons that attendance is important at Smith-Cotton.

“It’s hard to succeed at school if you are not here,” said Assistant Principal Stacy Curry.

“Showing up is important in everyday life.”

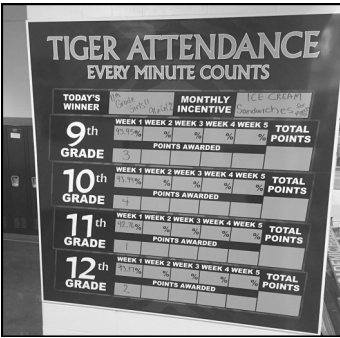
The board shows daily attendance, the number of hours that the students are on the school’s campus. The hours students are at school are a percentage, each grade level with the highest percentage will receive four points. The grade level with the highest amount of points will receive an incentive at the end of the month. Four points will be rewarded to the grade level with the highest percentage, with points going down to a

one. Last week’s winner was the sophomores.

The school has created an Attendance Improvement Committee, made up of teachers and administrators, to find ways to encourage students to show up at school and to help create incentives for good attendance.

“The state mandates that students are at school 90 percent of the time,” Curry said.

Curry also warns that students can only miss eight days per semester or they can lose credit. “You can’t improve something



without knowing where you are and how to improve,” said Assistant Principal Robin Wyatt.

Both Curry and Wyatt say that attendance is important, and can affect students’ entire lives, not just in school.

SCUFL has fun with explorations of others' cultures

By Victoria Wheat
Smith-Cotton Student Media

When it comes to having fun learning about other cultures, Smith-Cotton Unified Foreign Language is dedicated and determined to succeed. SCUFL's annual Mardi Gras party, held on March 5, was organized by French teacher Madeline Hauck. She started planning for the event two weeks ahead of time by meeting with her French SCUFL students to discuss the activities, food, and decorations they would need. Students would come in to prepare during seminar and discuss the event. French SCUFL members Cody Strecker, Andrea Umana, Angel Bryant and Jarrett Gresham also worked on making a Mardi Gras-themed photo booth for students to take selfies during the event. "I was really proud of the work they all put in to make the event successful. They really took ownership of it, and it was wonderful to see them working together to pull everything off," said Hauck. She was very hap-

py with how the SCUFL Mardi Gras party went. Students who participated in it made masks and crepes. "It is always fun to look at their creations. The crepes didn't look perfect, but they tasted delicious," said Hauck. Spanish teachers Julie Willadsen and Andrea Eppenauer have been involved with SCUFL for many years now. Willadsen's favorite thing about the club's events is being able to share the culture of other places with students and get them involved. "They make you realize the things around you and that the world isn't just Sedalia big. It is much bigger and around the world there are similar celebrations, but they're different and unique in their own ways," said Willadsen. She believes that a person doesn't have to be a part of a specific culture in order to study and get to know it. "That is shown through many of our SCUFL events and especially through our annual Day of the Dead and Mardi Gras parties," Willadsen said. On Feb. 20, Smith-Cotton's



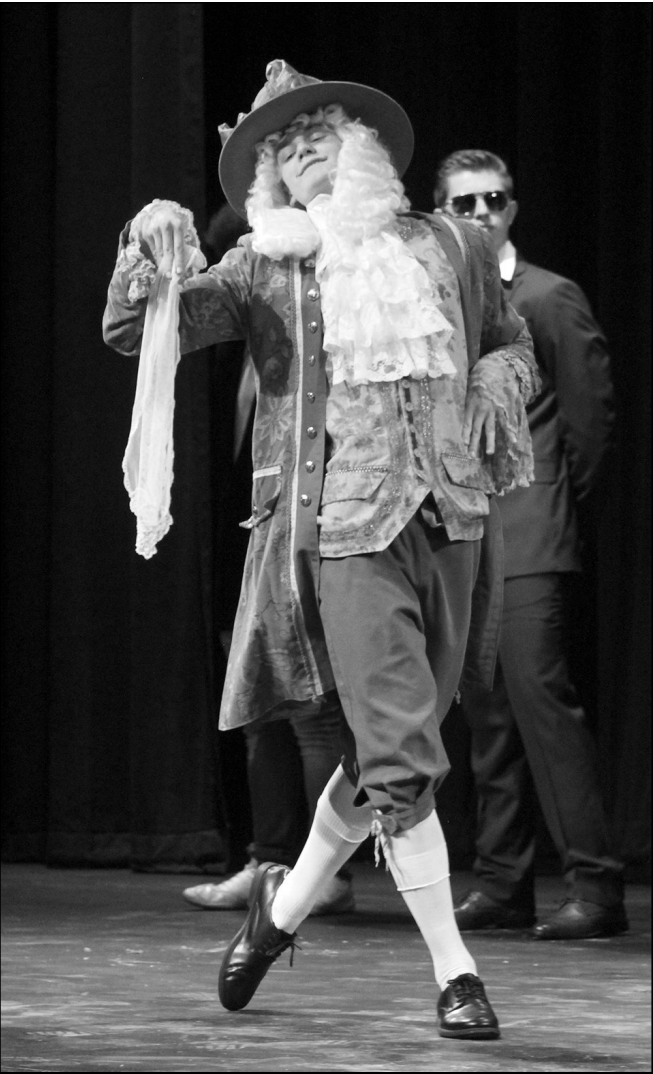
ABOVE: German teacher Ali Cooper and SCUFL member Angel Bryant make crepes during the group's Mardi Gras celebration on March 5 in the Commons. LEFT: Miranda Doyal found the baby figurine in her Mardi Gras king cake, earning her the right to wear the crown.

German Club attended a Foreign Language Field Day competition in Joplin and placed third in its category; there were 24 schools in total at the event. German teacher Ali Cooper was in charge of planning and organizing the attendance of the club. Cooper thinks the group

did well and is proud of her students. Hauck highly recommends students ask their foreign language teacher about SCUFL and to join. She encourages students to take this opportunity to learn about cultures and get involved.

S-C German Club field day results

- Jacob Acklin: first place, translation - level 3; second place, German grammar - level 3
- Michael Coleman: third place, translation - level 3
- Natalie Adermann: third place, reading comprehension - level 3
- Joceyln Traffenstedt: third place, translation — level 2
- Wesley Morrison: first place, vocabulary - level 2
- Austyn Wenner: second place, vocabulary - level 2
- Arena Brenich: third place, translation - level 2
- Giovanni Feliciano: second place, reading comprehension - level 2
- Luis Sotelo, Adrian Sotelo, Erika Tackett, Makaio Cook, Hannah Armes, Dominick Youngblood: third place — skit
- Olivia Medinaleon: second place - poster



Beard, Hooton emerge at Mr. S-C

The annual Mr. S-C pageant was filled with unexpected performances, interesting attire and co-winners. Ethan Beard, left, and Will Hooton, above right, tied for top honors. Beard won the talent, Q&A and formal wear categories, while Hooton won spirit wear. First runner-up was Marshall Noble, second runner-up was Colby Edgar and People's Choice went to Madison Lyles.

