



Sedalla School District #200

Subject Area: Physical Education			Grade: Kindergarten	
<i>Unit</i>	<i>Pacing/ Calendar</i>	<i>Standards</i>	<i>Big Ideas/ "I Can" Statements</i>	<i>Essential Questions</i>

Topic: Introductory Skills	Priority Standard			
	Locomotor S1.E1.K- Demonstrates competency in a variety of motor skills and movement patterns through hopping, galloping, jogging and slides using mature patterns.			
	Unit 1 10-12 weeks	<u>National Standards</u> S1.E1.K S1.E3.K S1.E5.K S1.E7.Ka S1.E7.Kb S1.E13.K S1.E16.Ka S1.E16.Kb S3.E6.K S2.E1.Kb S2.E1.Ka S5.E1.K <u>Show Me</u> H/PE 4 H/PE 2 2.2,2.3 4,4, 4.6	<ul style="list-style-type: none"> I can demonstrate the ability to share, be cooperative and safe with others. I can demonstrate safe use of general and personal space. I can recognize the difference between general and personal space. I can demonstrate the correct form of three locomotor skills. (walk, run, jump, hop, gallop) I can show the location of the heart. 	Why is personal space important as it relates to safety? What does it look like to use cooperation? Can you show the location of the heart? What are some different locomotor skills that you can demonstrate in general space?



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Topic: Intermediate Skills	Priority Standard Non Locomotor S1.E7.Ka- Demonstrates competency in a variety of motor skills and movement patterns through hopping, galloping, jogging and slides using mature patterns.			
	Unit 2 5-6 weeks	<u>National Standards:</u> S1.E7.Ka S1.E7.Kb S1.E9.K S1.E10.K <u>Show Me</u> H/PE 4 H/PE 2 2.2,2.3 4,4, 4.6	<ul style="list-style-type: none"> • I can demonstrate the correct form of three locomotor skills. • I can demonstrate select non-locomotor skills. • I can demonstrate chasing, fleeing, dodging. • I can demonstrate manipulative skills in a stationary position. • I can identify major body parts. • I can tell why people have muscles. • I can identify behaviors that keep a person healthy. • I can recognize we need a variety of foods each day. 	What purposes do bones and muscles serve? Can you identify these major body parts? What can you do to increase your overall health? Why is it important to eat from a variety of food groups? What are examples of locomotor and non-locomotor skills? What are the manipulative skills used in large muscle movements?



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Topic: Advanced Skills	Priority Standard Manipulative S1.E13.K- Demonstrates competency in a variety of motor skills and movement patterns through hopping, galloping, jogging and slides using mature patterns.			
	Unit 3 6-8 weeks	<u>National Standards:</u> S1.E13.K S1.E16.Ka S1.E16.Kb S1.E17.K S1.E18.K S1.E21.K S1.E22.K S1.E24.K S1.E27.K <u>Show Me:</u> H/PE 4 H/PE 2 2.2,2.3 4,4, 4.6	<ul style="list-style-type: none"> • I can demonstrate introductory individual stunts. • I can demonstrate cooperation with partners and small groups to accomplish a game objective. 	<p>What are some stunts and tumbling skills that students can perform?</p> <p>What does it take to accomplish a game objective safely with others?</p>