

# SEDALIA 200 HS/JH LUNCH

## JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	4 NO SCHOOL TODAY
7 CHICKEN NUGGETS OR SWEET AND SOUR CHICKEN BROWN RICE BROCCOLI RICE KRISPIE TREAT FRUIT HILAND MILK	8 CHICKEN PARMESAN OR PASTA W MARINARA BREADSTICK ROMAINE SALAD W/ TOMATO RANCH DRESSING PEAS FRUIT HILAND MILK	9 CORN DOG OR PULLED PORK SANDWICH FRENCH FRIES Ketchup BAKED BEANS FRUIT HILAND MILK	10 SPICY CHICKEN SANDWICH OR CHEESE WEDGE PIZZA CUCUMBER SLICES CORN BROWNIE FRUIT HILAND MILK	11 CHEESEBURGER ON WW BUN OR CHICKEN & WAFFLES GLAZED CARROTS GREEN BEANS FRUIT HILAND MILK
14 CORN DOG OR CHEESEBURGER FRENCH FRIES STEAMED BROCCOLI CHEESE SAUCE KETCHUP FRUIT HILAND MILK	15 CHICKEN NUGGETS OR CHICKEN PARMESAN BREADSTICK ROMAINE SALAD W/ TOMATO GLAZED CARROTS FRUIT HILAND MILK	16 CHICKEN QUESADILLA OR MEXICAN LASAGNA TORTILLA CHIPS SALSA REFRIED BEANS JELLO FRUIT HILAND MILK	17 SPICY CHICKEN SANDWICH OR HOT HAM & CHEESE MULTI GRAIN SUNCHIPS CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK	18 CHEESEBURGER OR CHICKEN NUGGETS AU GRATIN POTATOES GREEN BEANS FRUIT WG HOT ROLL COOKIE HILAND MILK
21 NO SCHOOL TODAY	22 HOT HAM & CHEESE OR POPCORN CHICKEN CHICKEN GRAVY BROWN RICE GLAZED CARROTS FRUIT WG HOT ROLL HILAND MILK	23 BREADED CHICKEN SANDWICH OR CORN DOG KETCHUP POTATO WEDGE CAULIFLOWER POPCORN FRUIT HILAND MILK	24 BURRITO W QUESO OR SOFT TACOS SPANISH RICE SALSA CORN REFRIED BEANS FRUIT COOKIE MILK	25 CHICKEN STRIPS OR SALISBURY STEAK COUNTRY GRAVY MASHED POTATOES GREEN BEANS FRUIT WG HOT ROLL HILAND MILK
28 HOT DOG ON A BUN OR MEATBALL SUB TATER TOTS BAKED BEANS FRUIT HILAND MILK	29 CHEESE QUESADILLA OR BEEF NACHOS REFRIED BEANS CORN FRUIT COOKIE HILAND MILK	30 CHICKEN PARMESAN OR CHICKEN ALFREDO WW GARLIC BREADSTICK ROMAINE SALAD W/ TOMATO GLAZED CARROTS FRUIT HILAND MILK	31 BREADED CHICKEN SANDWICH OR CHILI GRILLED CHEESE SANDWICH CRACKERS CELERY STICKS RANCH DRESSING FRUIT HILAND MILK	1 HOT HAM & CHEESE OR CHICKEN NUGGETS AU GRATIN POTATOES GREEN BEANS FRUIT WG HOT ROLL HILAND MILK